جامعة بنها كلية الآداب قسم : عـــلم النـــفس الفرقة : الرابعة لائحة قديمة

مادة: اللغة الإنجليزية الزمن : ثلاث ساعات دور مايو 2018

**Read the passage and then answer the questions:**

It is commonly believed that only rich middle-aged businessmen suffer from stress if they experience a lot of worry over a long period and their health is not particularly good. Stress can be a friend or an enemy: it can warn you that you are under too much pressure and should change your way of life. It can kill you if you don’t notice the warning signals. Doctors agree that it is probably the biggest single cause of illness in the western world. When we are very frightened and worried our bodies produce certain chemicals to help us fight what is troubling us. These chemicals produce the energy needed to run away fast from an object of fear. If we produce too many of these chemicals they may actually harm us. The parts of the body that are most affected by stress are the stomach and the heart.

**1-Answer the following questions:**

* 1. Who suffer from stress most? **Rich middle-aged businessmen**.
  2. In what way can stress be a friend or an enemy? It can warn you **that you are under too much pressure and should change way of life. It can kill you if you don’t notice the warning signal.**
  3. What happens to our bodies when we are frightened or worried? **our bodies produce certain chemicals to help us fight what is troubling us. These chemicals produce the energy needed to run away fast from an object of fear.**

2**- Use the correct form of a verb:**

2-1 she **is meeting**….. some friends next week. (meet)

2-2 I… **am reading**…. a book right now. ( read)

2-3 She…… **watched**. That film last year.( watch)

2-4 They didn’t **wash** …. The car yet. ( wash)

**3- Complete using a suitable adjective:**

3-1 The story is …..**interesting**

3-2 Gloria was**…….excited, interested, happy ,etc.**

3-3 The movie was**……. Exciting, interesting, amazing , boring, etc**

3-4 The students were**……..clever, lazy, polite, etc.**

3-5 the bottle is broken, you must be…….**careful**

**4-Translate into Arabic:**

Even if you study English at a language school it doesn’t mean you can’t learn outside of class. Using as many different sources, methods and tools as possible, will allow you to learn faster. There are many different ways you can improve your English, so don’t limit yourself to only one or two. The internet is a fantastic resource for virtually anything, but for the language learner it’s perfect.

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مدرس المادة: حنان أبو الحمد أحمد